

## BRANSTON PRE-SCHOOL CENTRE

### INTIMATE CARE POLICY

Intimate care is defined as care tasks of an intimate nature, associated with bodily functions, body products and personal hygiene.

This policy is designed to act as a guideline for anyone with responsibility for the intimate care at Branston Pre-School and outline the guidelines for best practice.

Only Pre School staff with a full and current DBS check are able to carry out this sort of care. All staff will be responsible for nappy changing and take children to the toilet. Staff receive regular supervision and appraisals, which are used to identify any areas for development or further training in intimate care. Once children are out of nappies they should be as independent as possible in managing their own toileting needs. Support will only be given if the child asks for help.

\*All staff receive safeguarding training which is updated yearly.

\*All staff wear protective clothing for nappy changes or cleaning a child who has soiled themselves.

\*Every child is to be treated with dignity and respect. Privacy is ensured appropriate to the child's age and situation.

\*A child should be involved as much as possible in his or her own intimate care, allowing the child to be as independent as possible. This can be for tasks such as removing clothing or washing private parts of their own body.

\*If a child is fully dependant on an adult then they will talk to him or her about what they are doing and give choices where possible.

\*An adult who is not familiar with the child will never support a child in intimate care.

\*The parents or carers will be informed of any intimate care that is given to their child at the end of each session.

\*Branston Pre School understands its legal obligation to meet the needs of children with any delays in any area of their development. We work in partnership with parents on an individual basis to make reasonable adjustments to meet the needs of each child.

\*We seek to find out religious and cultural views around intimate care.

\*Report any incident as soon as possible if there are concerns that during intimate care of a child

\*A child was accidentally hurt

\*The child seems sore or unusually tender in genital areas

\*The child misunderstands or misinterprets something

\*The child has a strong emotional reaction without apparent cause (sudden shouting or crying)

All staff must ensure they protect themselves by following these guidelines

\*Always inform another member of staff when you are doing a change or accompanying a child to the toilet.

\*Ensure door to toilet area is open

\*Always ensure that a child's privacy is protected.

\*Always wear protective clothing and gloves.

\*Always wash hands thoroughly after supporting a child with intimate care.

\*In some instances, it may be appropriate for 2 members of staff to change a child. If a child gets distressed when being changed